

Using infographics as an adjunct for educating caregivers in the proper use of antipyretics in children with fever.

BACKGROUND

Febrile illness in pediatric patients, especially children younger than 36 months continues to be a health concern with potential serious consequences. UMC currently has patient information regarding fever control available to add to patient instructions at time of discharge in epic, however the information is more than twelve pages, difficult for parents to use as a reference, and does not provide an infographic to assist patients who have a first language other than English.

PURPOSE

The purpose of this evidence based project was to design and implement a single sheet pediatric fever educational infographic to improve the use of antipyretic treatments in home settings, to improve caregiver knowledge and understanding regarding fever management, facilitate a positive educational experience between patient and clinical staff.

METHODS

Distribute a weight based antipyretic medication infographic to pediatric caregivers at each urgent care visit and the use of Casey's Model of Nursing will help improve care and management of pediatric patients with fevers.

Acetaminophen dosage chart for infants and children 11 years and younger

Acetaminophen	If possible, use weight to dose; otherwise, use age.							
	6-11 lbs 0-3 mos	12-17 lbs 4-11 mos	18-23 lbs 12-23 mos	24-35 lbs 2-3 yrs	36-47 lbs 4-5 yrs	48-59 lbs 6-8 yrs	60-71 lbs 9-10 yrs	72-95 lbs 11 yrs
Infants' acetaminophen liquid for example: Infants' Tylenol® Oral Suspension 160 mg per 5 mL	Today's date [Diagram showing syringe markings]			5 mL	-	-	-	-
Children's acetaminophen liquid for example: Children's Tylenol® Oral Suspension 160 mg per 5 mL	Ask a healthcare professional			5 mL	7.5 mL	10 mL	12.5 mL	15 mL
Children's 80 mg acetaminophen tablets 80 mg per chewable tablet	Ask a healthcare professional			2 chewables	3 chewables	4 chewables	5 chewables	6 chewables
Children's or Junior 160 mg acetaminophen tablets for example: Children's Tylenol® Chewables 160 mg per 5 mL tablet	Ask a healthcare professional			1 chewable	1½ chewables	2 chewables	2½ chewables	3 chewables

What you can do

- Always read and follow the medicine label.
- Find the dose for your child's current weight. If you are not sure of your child's weight, use age. As children grow, their doses change over time.
- Use only the dosing device that came with the medicine (syringe or dosing cup).
- Wait the correct amount of time between doses. If you give another dose too soon, it could harm your child.

Important instructions

You may repeat the dose every 4 hours while symptoms last

Do NOT give more than 5 doses in 24 hours

Do NOT use with any other product containing acetaminophen

Tabla de Dosificación de Paracetamol para bebés y niños de 11 años y menores

Paracetamol	Si es posible, use peso para dosificar; de lo contrario, utilice la edad.							
	6-11 lbs 7-11 meses	12-17 lbs 8-11 meses	18-23 lbs 12-23 meses	24-35 lbs 2-3 años	36-47 lbs 4-5 años	48-59 lbs 6-8 años	60-71 lbs 9-10 años	72-95 lbs 11 años
Líquido de paracetamol para bebés por ejemplo: Tylenol® para bebés Suspensión Oral 160 mg por 5 ml	Hoy's date [Diagram showing syringe markings]			5 ml	-	-	-	-
Líquido de paracetamol para niños por ejemplo: Tylenol® para niños Suspensión oral 160 mg por 5 ml	Preguntar a un profesional de la salud			5 ml	7.5 ml	10 ml	12.5 ml	15 ml
Tabletas de paracetamol de 80 mg para niños 80 mg por tableta masticable	Preguntar a un profesional de la salud			2 masticables	3 masticables	4 masticables	5 masticables	6 masticables
Infantil o Junior 160 mg comprimidos de paracetamol por ejemplo: Masticables Tylenol® para niños 160 mg por tableta masticable	Preguntar a un profesional de la salud			1 masticable	1½ masticable	2 masticable	2½ masticable	3 masticable

Lo que puede hacer

- Siempre lea y siga las instrucciones de la etiqueta del medicamento.
- Encuentre la dosis para el peso actual de su hijo. Si no está seguro del peso de su hijo, use la edad. A medida que los niños crecen, sus dosis cambian con el tiempo.
- Utilice únicamente el dosificador que viene con el medicamento (jeringa o vaso dosificador).
- Esperar el tiempo correcto entre dosis. Si le da otra dosis demasiado pronto, podría hacerle daño a su hijo.

Instrucciones importantes

Puede repetir la dosis cada 4 horas mientras duren los síntomas.

NO de más de 5 dosis en 24 horas

NO lo use con ningún otro producto que contenga paracetamol

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RESULTS

Caregivers will verbalize improved understanding of antipyretic medication in fever reduction. Survey among ambulatory staff will be performed to ensure applicability to practice and usefulness in promoting positive patient educational experience.

CONCLUSIONS

The implementation of a caregiver education program which includes infographic handouts of antipyretic medications will improve fever management, and patient outcomes.

REFERENCES

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