

## BACKGROUND

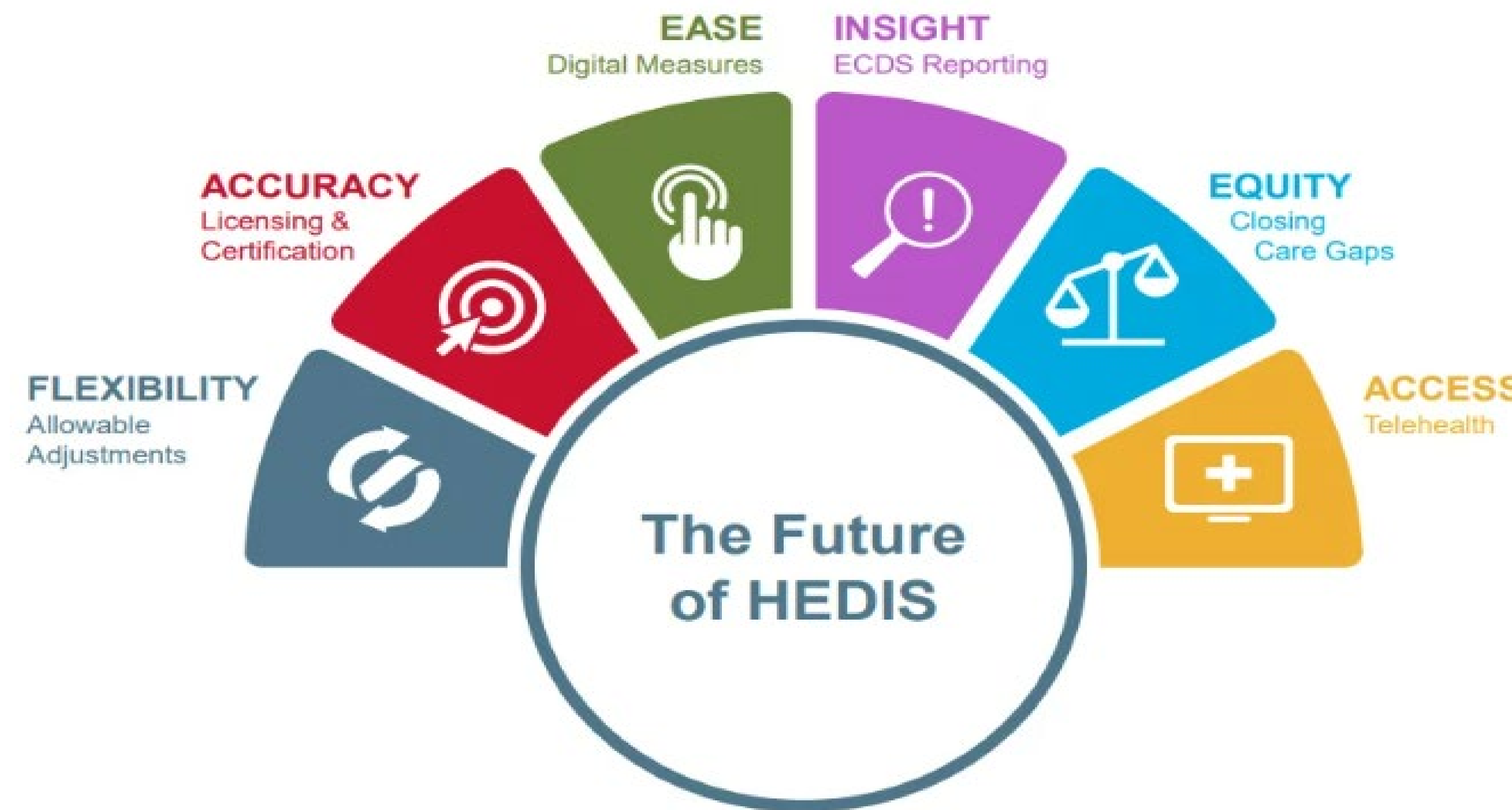
HEDIS began in the early 1990's by measuring and then accrediting health plans. Since 2008, our mission has brought us closer to where care is delivered: We've grown to measure the quality of medical providers and practices. Most of our employees work on HEDIS and our Accreditation, Certification and Recognition programs.

## PURPOSE

*HEDIS* has been used to deliver quality care to our patients. Preventing illnesses at an early stage. What is the purpose of *HEDIS*? *Goals of HEDIS* consists of quality measures created by the National Committee for Quality Assurance (NCQA). This data is tracked from year to year to measure health plan performance and provides valuable information about the patient populations served. *HEDIS* is State mandated activity that measures the quality of care being provided to our members using a subset of measures developed by the NCQA. The premise behind *HEDIS* is simple. HEDIS rewards preventive care. *HEDIS* data is collected through a combination of surveys, medical record audits, and claims data.

## METHODS

*HEDIS* measures address a range of health issues including:  
Asthma medication use , Persistence of Beta-Blocker Treatment After a Heart Attack , controlling high blood pressure; comprehensive diabetes care; *breast cancer screening*; chlamydia screening; antidepressant medication management (PHQ9/Colombia screening) ; immunization status; advising smokers to quit. *Colorectal Cancer Screening*( *Fit test Cologuard /Colonoscopy*), Care for Older Adults, Use of Spirometry Testing in the Assessment and Diagnosis of COPD- PFT testing, Pharmacotherapy Management of COPD Exacerbation, Osteoporosis Management in Women Who Had a Fracture-( *Bone density test/Dexa scan*), Follow-Up After Hospitalization, Potentially Harmful Drug-Disease Interactions in Older Adults, Use of High-Risk Medications in Older Adults, Transitions of Care – (Hospice-/palliative care), Plan All-Cause Readmissions, and most important Preventative care visit.



## RESULTS

The future of *HEDIS* focuses on 6 core ideas:

- **Allowable Adjustments:** New **FLEXIBILITY** lets users modify measures without changing their clinical intent.
- **Licensing and Certification:** Updated requirements ensure **ACCURACY** of measure results.
- **Digital Measures:** HEDIS specifications that download directly into users' data systems bring new **EASE**.
- **Electronic Clinical Data Systems (ECDS):** This new reporting method helps clinical data create **INSIGHT** for managing the health of individuals and groups.
- **Equity:** **CLOSING CARE GAPS** to make care equitable makes care better.
- **Telehealth:** The **ACCESS** to care that telehealth has brought Americans during the COVID-19 pandemic is vital to quality now and after the pandemic.

## CONCLUSIONS

The Ambulatory division anticipates utilization of this practice to maximize patient care and overall health.

## REFERENCES

For Access to References, Please Scan QR Code

